

### **Returning to On-site Work Safety Briefing**

Safety and Mission Assurance Office



Lead

Prevent





### Welcome Back!!

- The LaRC Safety Team truly appreciates the hard work, patience, and dedication of the workforce for the past two years
  - In this time everyone has worked together to perform our mission, prevent onsite spread of Covid-19, and look out for one another
- The purpose of this briefing is to
  - Remind you of onsite health and safety requirements
  - Give a few simple steps to ensure that each task is done safely
  - Provide points of contact if you need help or have questions
- Our goal is to ensure everyone goes home healthy and safe so they can enjoy activities with their family and friends

Getting help,
reporting
issues/concerns,
etc.

- If you see something unsafe, say something
- Start with your Supervisor
- Talk with the Facility Safety Head (FSH) or Facility Coordinator (FC) in your facility
  - FSH/FC Names and phone numbers are displayed at all main entrances
  - A current listing of FSHs/FCs is on the Safety Website at:
  - <u>Facility Safety Personnel Listing</u>
- Contact Safety at x4SAFE - 757.864.7233

Submit Safety Concern online

### Danger: It's all around you – Be aware of your surroundings

Numerous locations at the Center have warning signs and flashing lights

Please heed their warnings – your life, hearing, eyesight, etc may depend on it.















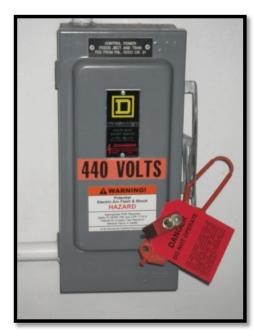
- Vehicle speed on LaRC is 25 mph or less, where indicated. Parking lot speed limit is 10 mph.
- Vehicle speed approaching our gates is 15 mph, and 5 mph at the gate itself
- Seat Belt use is **REQUIRED** on the Center.
- Hands free cell phone use only is allowed.
- Pedestrians have right of way in crosswalks



## Training, Certification & Permits

Depending on your task, you may need special training, certification, and/or a safety permit:

- Lasers
- Permitted chemical operations
- Lockout/Tagout Safety Operators
- Forklift, Aerial Lift, and Crane operations
- Respirator users
- Fall Protection
- If any of your training, certifications, or permits are expired contact your supervisor





### Personal Protective Equipment (PPE)

- Make sure you have necessary PPE to complete job tasks
- When in doubt talk to your Supervisor, Facility Safety Head, or Safety (4-SAFE/864-7233)



#### Emergency Situations

- To contact Fire/EMS at LaRC
  - Dialing 911 from any LaRC landline
  - 757-864-2222 from a cellular phone
    - Make sure you have the building number and location
- For First Aid and minor injuries visit the Occupational Health Clinic at Building 1216





# The Best Strategy to Avoid Injuries

Ask yourself

What am I about to do?

How can it hurt me?

 What can I do to protect myself?

• If you have concerns about a task or see someone about to do something unsafe, speak up.